

4th of July at Fountain Park

You're invited to celebrate Fourth of July at Fountain Park as the Fountain Hills Parks and Recreation Department hosts its annual Fourth of July celebration. Bring a blanket, picnic dinner, and the family for an evening of entertainment and fun. Fireworks will begin at 9:00 p.m. and will last approximately 30 minutes.

Fountain Lake is now full and the fence that has encircled the park for the past year has come down. Last year's fireworks display was cancelled due to the various construction projects ongoing at Fountain Park. "We hope to make up for last year's cancellation by making this year the best fireworks display yet," said Brent Bitterman, this year's event coordinator for the Parks and Recreation Department.

Festivities for this year's Fourth of July celebration will begin at 6:30 p.m. Wednesday, July 4th at Fountain Park. Once again, groups will be vending everything from the famous soda to ice cold glow-ropes to attraction this year, the Arizona Military Vehicle Collectors Club will be displaying its historic vehicles along Saguaro Blvd. adjacent to Fountain Park.

During the fireworks demonstration, all three pumps that operate the fountain will be used to extend its usual height of 380-feet to 560-feet in the air. Nevertheless, if wind speeds kick up, the fountain may be shut down so it doesn't extinguish the fireworks.

Fireworks Productions of Arizona, Ltd. and Rick Durkee, pyrotechnician for the event, has been displaying the fireworks show in Fountain Hills for the last five years. This year, the Grand Finale will consist of 101 aerial shells in 15 seconds.

Stage entertainment will once again be emceed by D.J. Steve Grosz. Grosz will be playing patriotic and dance music all evening including during the fireworks show. All of the evening's entertainment will be broadcast locally within two miles of Fountain Park on 90.7 FM.



June - July
2001

Fountain Hills Unified School
District Calendar for
July 2001-June 2002

August

- 7 New Teachers Report
- 9 Returning Teachers Report
- 20 Students Return

September

- 3 Labor Day-No School

October

- 17 First Quarter Ends (42 Days)
- 24-26 Parent Conferences-All Schools
- 29 Fall Holiday-No School

November

- 22-23 Thanksgiving-No School

December

- 21 End Second Quarter (44 Days)
- 24-31 Winter Break-No School

January

- 1-4 Winter Break-No School
- 7 Students Return
- 21 MLK Holiday-No School

February

- 18 Presidents Day No School
- 19 Staff Develop. Day-No School

March

- 12 End of Third Quarter (44Days)
- 18-22 Spring Break-No School
- 26 Parent ConferencesElementary
- 27-28 Parent Conferences-All Schools
- 29 Spring Holiday-No School

May

- 23 Last Day for Students
End Fourth Quarter (46 Days)
End Second Semester (46 Days)
- 24 Last Day for Teachers

Wildfire Safety

The wildfire danger season is already upon Arizona. Every year our climate places Arizona's desert and homes at really high risk. Some simple precautions and preparation can greatly reduce your exposure to risk and loss.

Keep dead grass and weeds cleared at least 30 feet from any building.

Never stack firewood or anything combustible next to your home.

Clean dead foliage and fronds from plants and trees surrounding your home.

Be careful not to allow any vegetation to grow underneath porches or overhangs.

Schedule a FREE wildfire safety inspection by calling 816-5139. Report smoke or fire by calling 911.

Fun Facts

The people of the United States consume enough firewood each year to build a 100-foot stack of wood which would stretch from New York City to San Francisco!

The oldest tree in the world is a bristle cone pine with the giant sequoias not far behind. Some of them are thought to be 4-6,000 years old which means they would have been seedlings when the Egyptians were building the pyramids!

In the 1950s, a bear cub found himself in a forest surrounded by flames. To escape the fire burning around him, he climbed up in a tree. By the time the fire fighters found the scared and hungry cub, the forest was charred and blackened.

The firefighters, park forest rangers, and the warden were so moved by the bravery of this little cub that they named him Smokey. They put him on a plane and sent him to the National Zoo in Washington, D.C. to live.

Investing in the Youth of Our Community

The Fountain Hills Marshals would like to continue making an investment in the youth and young adults of our community by offering a vast variety of presentations including Crime Prevention, Stranger Danger, and Bicycle Safety.

Through the Crime Prevention program we focus our attention on local, regional, and state issues related to crime prevention teaching ideas, concepts, and programs relating to crime reduction.

The Stranger Danger program teaches children that a stranger is any person with whom mom or dad did not give you the permission to go. Strangers are dangerous, even if they dress nice or look friendly. This program also teaches children never to take rides, candy, gifts, or money from strangers. Further, it teaches that it's okay to say "No, thank you" and run away from a potential threat.

The Bicycle Safety class instructs children on the importance of wearing a properly fitted bicycle helmet, using hand signals, and the importance of being seen by drivers on the roadways. The Bicycle Safety Institute states that "wearing a bike helmet can reduce the risk of head injury by 85%". Similar studies show that bike related crashes kill 800 people every year and send about 567,000 people to hospital emergency rooms with injuries. Starting good habits early is paramount to starting a lifetime of enjoying safe bike riding.

If you would like more information or would like to arrange for a presentation on any of these programs, please contact the Fountain Hills Marshals Department, Community Service Division at 837-8800.



Honorable Mention: Two Generations Look with Wonder Upon the Desert



Phyllis Crump of Fountain Hills took this picture of her grandson, Nathaniel Boyle, of Chandler and of her husband, Cameron Crump enjoying the wildflowers of the Sonoran Desert. Both appear to be looking with wonder upon the field of poppies surrounding them. Nathaniel was only nine months old when the picture was taken and could not verbally express his emotions but it is obvious that he had never seen anything like this display of poppies before. Unfortunately, it will probably be a few years before any of us see such a profusion of wildflowers in the Sonoran Desert again.

Neighborhood Block Watch

You and your neighbors can assist the Marshals Department and prevent crime. Together, we can build our community into a safer, friendlier, and more caring place to live. Statistics tell the story. Police departments in cities and small towns throughout the country report decreases in crime due to local crime prevention efforts.



Generally, people will look to local law enforcement in preventing crime. It is logical that preventing crime is one of their primary jobs. However, you can help to make a difference within your community working with local law enforcement to prevent crime before it happens. The Fountain Hills Marshals Department can assist you.

Through local crime prevention, we focus our attention on teaching ideas, concepts and programs pertaining to the prevention and reduction of crime through both home and business security checks. Another form of crime prevention outside your home is Crime Prevention Through Environmental Design ("CPTED"). CPTED is the proper design and effective use of exterior environment in an effort to lead to the reduction of



crime. Through outdoor lighting and placement of landscaping material you can reduce the appeal that your home may be presenting to an individual looking to commit either a property or personal crime.

Block Watch is a crime prevention program that enlists the active participation of citizens in cooperation with the local Law Enforcement in our neighborhoods. Neighbors getting to know one another and working together to achieve a common goal—a secure and safe neighborhood. You and your neighbors know best what is normal and who belongs. The Fountain Hills Marshals Department can help to train local residents how to recognize and report suspicious activity. DO NOT endanger yourself. If you see suspicious activity, dial 837-8800. In case of an emergency dial 911. By cooperating with each other and the Police, you can help fight crime in your neighborhood and community the most effective way, BEFORE IT HAPPENS. For additional CPTED information visit www.cpted-watch.com/



For more information on the Neighborhood Watch program please contact the Fountain Hills Marshals Department, Community Service Division at 837-8800.

Did You Know every 18 seconds a child is reported missing?

Approximately 450,700 children run away from home each year and 354,000 child abductions are by family members. Additionally, it's estimated that 114,600 child abduction attempts are by non-family members and 300 children are murdered, ransomed or kept by a stranger each year.

Protecting Our Children

The subject of missing children is not one that parents like to think about, but it's a reality of everyday life. Approximately one million children were abducted last year alone. We all need to be more aware and help stop the abduction and violence against our children. Even with the best parental care some children are still reported missing. Many are taken from playgrounds, parks, and schoolyards, while some children simply run away or get lost. Parents and children should always be prepared in case of emergency.

Children should be taught to refuse invitations and gifts from people they don't know. They should keep a distance from anyone that is trying to talk with them or lure them into or near a car. When in any kind of danger, Yell, Run, and Tell. These three little words can be a lifesaver for your child. When in danger your child should get attention by yelling for help, running away as quickly as possible, and telling parents, teachers, or law enforcement officers what happened. Also, teach your child to call 911 in case of emergency when in danger.

It's estimated that less than 2% of parents have their child's vital information updated and available for law enforcement in the event of a child abduction. To obtain a "Kids Care ID" contact the Fountain Hills Marshals Department Community Service Division at 837-8800.

**Child Protection is a
Community Responsibility.**

What To Do If Your Child Is Missing



Act quickly—time is of the essence.

Call the police immediately. Don't wait.

Show the police your child's Kid Care I.D. Card.

Alert friends, neighbors, and relatives.

Organize a search for the child immediately.

Check your child's favorite play areas. Have someone else check these areas again.

Preventing Heat-Related Illnesses

The heat is here, so take preventative steps to stay healthy and enjoy the summer. The important thing is to stay well hydrated, to make sure that your body can get rid of extra heat, and to be sensible about exertion in hot weather.

Prolonged or intense exposure to hot temperatures can cause heat-related illnesses, such as heat exhaustion, heat cramps, and heatstroke. Symptoms of heat exhaustion are fatigue, weakness, anxiety, drenching sweats often accompanied by cold and clammy skin, dizziness, and fainting. If you experience these symptoms get out of the sun, preferably into an air-conditioned building. Drink water or a sports beverage, taking it slowly rather than gulping it down. If you do not feel better within 30 minutes call 911 or go to the nearest hospital emergency room.

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Adopt-A-Street

The Adopt-a-Street Program is thriving in Fountain Hills with 57 residential and 63 commercial participants. These individuals and groups do an excellent job of reducing litter on many residential streets, as well as some of the busier routes in and around the Town.

While the efforts of both types of volunteers are greatly appreciated, the commercial program has reached a saturation point, necessitating the compilation of a waiting list for businesses and groups (currently four) wishing to become involved. However, there are quite a few residential streets still available for adoption in our Town, and the current Committee is looking for



additional volunteers in the residential program to help "Keep Fountain Hills Beautiful in the 21st Century". The Committee is aware that many residents, as a matter of practice, pick up litter in their neighborhoods or along their regular walking route. While we greatly appreciate these good citizens, we would like them to be "officially" recognized by formally adding their names to the roles of the Adopt-A-Street residential participants. This also notifies the Committee of which residential streets are regularly being monitored.

In May, the current Committee members: Wally Hudson, Jack Bercl, Carol Ellithorpe, Susan Mackie, Richard Stephens, Ed Stizza and Pat Harvey honored those commercial participants who have been working with the program since its inception in 1996. Certificates of appreciation were awarded to those loyal and hard-working supporters at the Town Council meeting on May 3, 2001.

For further information about the "Adopt-a-Street" program in Fountain Hills, or to receive an application, contact Town Hall at 837-2003 or 16836 E. Palisades Blvd., Bldg A.



Since Arizona saw many rainy days this past winter, desert blossoms exploded this spring displaying many vivid and colorful desert flowers. The McDowell Mountain Preservation Commission received many beautiful photographs depicting the colorful desert against the beautiful McDowell Mountains. This photo, taken by H. Laraine Coplin, is the second Honorable Mention for the March MMPC photo contest.



Residents agree to adopt a residential street(s) for a one-year period, with renewal option at the end of that period. Volunteers pick up the litter along the street once a month, a total of 12 pickups during the year. Twelve "adopt-a-street" bags are given to the volunteers and the filled bags are disposed of in the individuals' own trash receptacles. Residential volunteers are encouraged to "adopt" their own street, if someone else has not already done so.



The McDowell Mountain Preservation Commission's March photo contest winner was Patricia Prochaska. Patricia captured an exquisitely painted desert against the backdrop of the beautiful McDowell Mountains.

Heat-Related Illnesses

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Symptoms of heat cramps include severe, sometimes disabling cramps that typically begins suddenly in the hands, calves, or feet accompanied by hard, tense muscles.

These cramps seem to be connected to heat, dehydration, and poor conditioning, rather than to lack of salt or other mineral imbalances. They usually improve with rest, drinking water, and cool environment.

Victims of heatstroke usually have headaches, are dizzy or have vertigo, are fatigued, and have hot, flushed, dry skin. Additionally, they have a rapid heart rate (160 to 180 beats per minute), cessation of sweating, increased breathing rate, increased body temperature, and they become confused or lose consciousness.

Heat exhaustion is not fatal, but heatstroke can be. The key symptom to look for is disorientation. A person who

is functioning well mentally is not in danger. Someone who is disoriented has difficulty walking and is fainting or unconscious needs emergency medical attention. Call 911, get the sick person to a cooled area immediately.

Be aware that certain drugs increase heat vulnerability: alcohol, antihistamines, tricyclic antidepressants, tranquilizers, some antiparkinsonian medications, and certain over-the-counter sleeping pills.

Sizzl'n Summer Library Partnerships

Knitting & Crocheting - An Introduction!

Brush up on your knitting and crocheting. Bring needles, crochet hooks and a ball of yarn. Free for all ages.

Where: Fountain Hills Branch Library
Date: Thursdays, June 21 & July 19
Time: 10:30a.m.-11:30a.m.
Fee: NO CHARGE
Contact: Amy Silverman 816-5168

Summer Reading for Fun!

Come in & pick up your reading adventure-board and all the details. Participants will have a chance to win weekly prizes sponsored by the AZ Diamondbacks & the AZ Republic.

Where: Fountain Hills Branch Library
Date: Daily, June 1 - July 27
Time: 9:00a.m - 5:00p.m.
Fee: NO CHARGE
Contact: Amy Silverman 816-5168



The DREAM Workshop

Enjoy this relaxing workshop on what our dreams really mean with a friend or independently, come ready to listen and share! Dress is comfortable and casual.

Where: Fountain Hills Branch Library
Date: Friday, July 13
Time: Noon -1:30p.m.
Fee: NO CHARGE
Instruct: Fredora Nightingale Powell
Contact: Amy Silverman 816-5168



String Sounds Play Along!

Enjoy this special storytelling experience accompanied by a live string quartet. After the story, each child in the audience will be invited to "be a musician".

Where: Fountain Hills Branch Library
Date: Friday, June 20
Time: 10:00a.m.-11:00a.m.
Fee: NO CHARGE
Contact: Amy Silverman 816-5168

Summer Storytime

Teddy Bear Breakfast (snacks provided)
Kids don't forget to wear your pajamas! Bring your teddy bear and join in the parade, don't miss out on this fun, entertaining and educational program!

Where: Fountain Hills Branch Library
Date: Wednesday, June 6
Time: 10:00a.m.-11:00a.m.
Fee: NO CHARGE
Contact: Amy Silverman 816-5168
Instruct: Lee Horwitz

The Magic Admiral Live!

Join us at the Library for a free magic show for all ages! You are invite to attend this special engagement and learn the art an exhilaration of MAGIC!

Where: Fountain Hills Branch Library
Date: Monday, June 11
Time: 10:00a.m.-11:00a.m.
Fee: NO CHARGE
Contact: Amy Silverman 816-5168

Summer Clubhouse



The best summer camp in Fountain Hills is back! Sponsored by the Fountain Hills Boys and Girls Club and the Parks and Recreation Department, the Summer Clubhouse is the place to be! Kids will have the opportunities to learn arts and crafts, play games, go on trips, enjoy weekly special events and much more! Participants can pre-register for the entire summer, or take it week to week. There will also be the opportunity to participate on a drop-in basis. Registrations are being accepted by the Boys and Girls Club through the summer's end.

Where: Fountain Hills High School
Dates: Mon – Fri, May 29 – Aug 3
Times: 7:30 a.m. – 6:30 p.m.
Ages: 6 – 14 years old
Fees: \$70 per week
Contact: Amy Polster 816-1974



California Adventure Turnaround Trip

Don't miss the first trip that the Parks and Recreation Department has ever taken to the newest theme park around, California Adventure in Anaheim, CA! Details of the trip involve a late-night departure, stops for food and a change of clothes, plus an entire day with Mickey and the gang! All participants will be chaperoned during the trip. The bus will leave from and return to the Fountain Hills Community Center.

Where: California Adventure
Dates: Leave Wed, Aug 15 - 1:30 a.m.
Return Thurs, Aug 16 - 5:00 a.m.
Ages: Students entering grades 6 – 12
Fees: \$90 per participant
Contact: Erin Kleis 816-5173

Twilight Tuesdays

Every Tuesday this summer teens should get out of the heat and enjoy all of the cool people hanging out at Fountain Bowl during the Twilight Tuesdays program. This Parks and Recreation program offers hours of unlimited bowling on the lanes, plus an endless amount of music to dance to in the new banquet hall.

Where: Fountain Bowl
Dates: Tuesdays, May 29 – Aug 7
Times: 6:30 p.m. – 9:30 p.m.
Ages: 11 – 18 years old
Fees: \$7 per participant
Contact: Corey Hromek 816-5170



Jr. Golf Clinics

Desert Canyon Golf Club has offered to host the clinics again this summer, and their expert staff will assist the participants in learning the basics of golf. Each session will have a maximum of 20 kids to be sure they each get the necessary attention. Pick the one that fits best to your vacation schedule!

Where: Desert Canyon Golf Club
Time: 7:00 – 8:00am
Dates: Session 1-June 18 - 22, 2001
Session 2-July 16 - 20, 2001
Session 3-Aug. 13 - 17, 2001
Ages: 8-17
Fee: \$25 per session
Contact: J. Milo Bonnin 816-5132



Party in the Park



You know that summer is here again when Party in the Park has arrived! Every Wednesday the Parks and Recreation Department has a DJ with the best music playing for over 100 kids hanging out at Golden Eagle Park. Participants enjoy the tunes, plus many special events, games, prizes, refreshments and more! Join the party!

Where: Golden Eagle Park
Dates: Wednesdays, May 30 – Aug 8
Times: 6:30 p.m. – 9:30 p.m.
Ages: 11 – 18 years old
Fees: Free
Contact: Corey Hromek 816-5170

Tiny Tot Toddler Fun

Kids ages 2 – 6 are invited to be a part of this arts and craft program taking place at the Golden Eagle Park. There will be several activities to enjoy, plus refreshments and a story to end the day. Kids have fun getting a bit messy and making new friends too!

Where: Golden Eagle Park
Palo Verde Room
Date: Saturday, July 14
Times: 10:30 a.m. – 11:30 a.m.
Ages: 2 – 6 years old
Fees: \$7 per participant
Contact: Corey Hromek 816-5170

Holiday Hoopla!

Join the Parks and Recreation Department and celebrate the Fourth of July at Holiday Hoopla! This arts and craft program for kids offers many activities that are centered on the holiday theme. There will be games and refreshment to boot! Enlist your child today!

Where: Fountain Hills Community Center, 11445 N. Saguaro Blvd.
Date: Monday, June 25
Times: 10:00 a.m. – 12:00 p.m.
Ages: 2 – 6 years old
Fees: \$7 per participant
Contact: Corey Hromek 816-5170

Girls Basketball Camp

Join coach Denny Hanson for a fun month of indoor basketball skills and drills. Each participant receives a camp T-shirt and a ball to take home! Pre-registration is required at Town Hall Building A.

Where: High School Gymnasium
 Time: Going into grades 3 - 5
 5:00 – 6:30pm
 Going into grades 6 - 8
 6:30 – 8:00pm
 going into grades 9 - 12
 8:00 – 9:30pm
 Date: Mon – Thurs
 June 4 – June 28
 Fee: \$75 per participant
 Coach: Denny Hanson
 Contact: Brent Bitterman 816-5142



Swimming Lessons

Club Mirage has offered their pool again this summer for Parks and Recreation to provide summer swimming lessons. The lessons are based in American Red Cross, and are for infants (6mos) through Learn to Swim level 3. Sessions are two weeks long, and the same classes are offered in each session, so attend the classes that best fit in to your vacation schedule!

Where: Club Mirage pool
 Time: Level 1 – M, W, F 7:00-7:30am
 Level 2 – M, W, F 7:30-8:00am
 Infants – M, W, Th 6:00-6:30pm
 Level 3 – M, W, Th 6:30-7:00pm
 Dates: June 4 – Aug 10, 2001
 Ages: 6 months - 12 years
 Fee: \$30 per session
 Contact: J. Milo Bonnin 816-5132

Men's Softball League



Get the guys together and get ready to Play ball! This Tuesday night league will begin June 7 and space is limited, so get your registration in early. There is always the opportunity for players who do not belong to a team to play by signing up on the unattached players list with Milo.

Where: Golden Eagle Park
 Time: Tues 6:00pm
 Date: June 5 – Aug 21
 Fee: \$370 per team
 Contact: J. Milo Bonnin 816-5132

Karate Kids

This program is geared to teach martial arts techniques and philosophy. They will also learn the positive benefits of self-discipline and confidence, develop coordination and increase flexibility. This is the perfect class to try karate and find out if your kids like it.

Where: Power Station, Fitness and Massage
 Time: 4-6 yrs - Wed & Fri
 4:45 to 5:15pm
 7-12 yrs: Mon & Wed
 7:00 to 7:45pm
 Date: May 29 – July 13, 2001
 *No Class on May 29 or July 4
 Fee: \$32 per participant
 Coach: Rick Iacommaci
 Contact: Brent Bitterman 816-5142

Little Miss Softball League

This fast-pitch league is for fun and friendship. Girls 5th Grade through High School are encouraged to participate. It is for girls of all skill levels and experience in softball. Practices begin the first Thursday in June. Any girls interested please call for more information. Vacation schedules will be accommodated.

Where: Golden Eagle Park
 Time: Thursday nights 6:00pm
 Date: June 7 – July 26, 2001
 Ages: Grade 5 - High School
 Fee: \$25 per player
 Contact: J. Milo Bonnin 816-5132
 Mindy Jones 837-4551

Family, Adult & Teen Karate

Do you and your kids want to learn karate together? Well, now you can, with karate taught with a different approach for different needs. Along with learning martial arts techniques and philosophy, you will also learn the positive benefits of self-discipline and confidence develop coordination and increase flexibility. We have classes for teens, adults and now a family class.

Where: Power Station Karate
 Family: Thurs 6:00 to 7:15pm
 Teen: 4:00pm Tues & 5:00pm Thurs
 Adult: 8:00pm Mon & 7:15pm Thurs
 Date: May 29 – July 13
 *No Class on May 29 or July 4
 Fee: \$32 per participant
 \$32 for parent and one child
 \$16 per additional child
 Coach: Rick Iacommaci
 Contact: Brent Bitterman 816-5142



Gymnastics

Kirsten Smith teaches kids the basics of gymnastics including such things as cartwheels, walkovers, hand springs, and routines on the balance beam, vault and uneven bars and much more! Class sizes are limited and pre-registration is required.

Where: Fountain Hills Charter School
 Time: Beg. - Mon-Thurs 9 - 10am
 Inter. - Mon-Thurs 10 - 11am
 Dates: Summer: June 12 – July 12
 No Class on July 4
 Ages: K – 8
 Fee: \$75 per participant
 Contact: Brent Bitterman 816-5142

Senior Softball League

Teams play in a recreational league at Golden Eagle Park on Wednesday mornings. Any seniors at least age 50 please call Milo to be placed on a team. This is a great way to get some exercise and meet new friends. Teams play double-headers each week. The deadline to register a team is June 29, 2001. Manager's packets are available at Parks and Recreation.

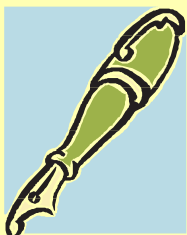
Where: Golden Eagle Park
 Time: 7:30 am Wednesdays
 Date: July 11 – Aug 29, 2001
 Fee: \$100 per team
 Contact: J. Milo Bonnin 816-5132

Friday Bridge



Come play the exciting game of bridge every Friday. Players do not need a partner to participate.

Where: Community Center
Date: Fridays weekly
Time: 10:00a.m. - 1:00p.m.
Fee: \$1 per participant
Contact: Evelyn Breting 837-9306



Scrapbooking Demonstration

Wondering what to do with piles of old photos & memorabilia? Want to give a home-made baby shower or wedding gift? Come and learn important information about photo preservation, organizing, cropping, layout, mounting, journaling and much more. You'll be presented with instructional information regarding photo-safe memory storage and you will learn four easy steps to turn boxes of photos and memorabilia into safe, meaningful and creative keepsake albums.

Where: Senior Activity Center
Date: Tuesday, June 12 & July 17
Time: 1:00p.m.-3:00p.m.
Fee: No Charge
Instruct: Kirsten Bonnin
Contact: Amy Silverman, 816-5168



The Joy of Cooking!

Do you enjoy spending time in the kitchen? If so, we have the class for you! This will be a six week intensive, hands-on Cooking Class. You will begin the first week learning hors d'oeuvres, then salads, breads, entrees & deserts! Please bring your own cutting board & chopping knife. (CLASS DOES NOT MEET JULY 4)

Where: Middle School Rm 128
Date: Wednesdays, June 13- July 25
Time: 5:30p.m.-7:30p.m.
Fee: \$40.00
Instruct: Kim Ptak
Contact: Amy Silverman 816-5168

CLUB ASSISTANCE

What interests you? Make new friends and share your experiences by joining a Club! Here is a list of clubs currently sponsored by the Parks & Recreation Department, if you have any questions please call Amy Silverman at 816-5168. All clubs welcome new members!

- Alzheimer's & Related Disorders Support Group
- Family History Society of Arizona
- Toastmasters Club
- Walking Club
- Duplicate Bridge Club
- Spanish Club
- Desert Beekeepers of Fountain Hills

Recreation & Parks Month



July is National Recreation & Parks Month. This year, kids in the summer clubhouse will create artwork depicting their favorite recreational activities. Come and see what these kids and their families like to do in their leisure time. All ages are welcome!

Where: Community Center
Date: Mon.-Fri., July 2 - July 31
Time: Please call for an appointment
Contact: Amy Silverman 816-5168
Evelyn Breting 837-9306

Intermediate Yoga



Enjoy this very relaxing exercise class and become both physically and mentally fit. Experience the mood music and deep meditation. Please supply your own mat and wear comfortable clothing. Pre-registration is required.

Where: Community Center
Date: Mondays, July 9 - Aug 27
Time: 9:00a.m -10:00a.m.
Fee: \$32.00
Instruct: Terri Higgins
Contact: Amy Silverman 816-5168

T'ai Chi Chih

This is a powerful healing art involving slow and easy movements. Benefits include: reduced stress, increased energy, balance, and much more! This quiet meditation is suitable for all ages as well as those with special health problems. Pre-registration is required. Dress comfortably.

Where: Community Center
Date: Weds, July 11- Aug 29
Time: 9:00a.m.-10:00a.m.
Fee: \$32.00
Instruct: Fredora Nightingale Powell
Contact: Amy Silverman 816-5168

Tae Boxing with Weight Training Boot Camp

Join Mark as he teaches you the benefits of cardiovascular workouts with weights!

Where: Club Mirage
Date: Saturdays, June 16-July 21
Time: 11:15a.m.-12:15p.m.
Fee: \$32 per participant
Instruct: Mark Hines
Contact: Amy Silverman 816-5168



AZ EXCURSIONS

Please join the Parks & Recreation Department as we "Take You Out to the Ballgame." Enjoy watching the incredible Sammy Sosa, Bring a friend, grandchild, spouse or come by yourself, Enjoy the wonderful Bank One Ballpark in Downtown Phoenix. There are restaurants, plenty of vendors and tons of atmosphere. Seniors & Families are welcome. Children are allowed but must be accompanied by a chaperone. Pre-registration is required. Please call Amy for details.

Where: Bank One Ballpark, Phoenix
 Date: Tuesday, June 12, 2001
 Time: Leave Senior Center at 5:15pm
 Fee: \$15 per participant
 Contact: Amy Silverman 480-816-5168

Are you interested in Archeology? Looking for something COOL to do? If so please bring a friend and come with us to the Pueblo Grande Museum in Phoenix. After we will lunch on our own at the Chinese Cultural Center. Museum admission and transportation included. Pre-registration is required. Please call Amy for details.

Where: Pueblo Grande Museum/Chinese Cultural Center
 Date: Wednesday, July 18
 Time: Leave Senior Center at 9:15a.m.
 Fee: \$10 per participant
 Contact: Amy Silverman 480-816-5168



Fountain Hills Parks and Recreation Program Registration & Release of Liability

Please PRINT

1 Main Contact _____

Address _____ City, State, Zip _____

Home Phone _____ Alt. Phone _____ Emerg. Phone _____

2

Participant's Name	Birth Date	Sex	Grade	T-shirt Size	Program Title	Program Date(s)	Fee
Please make checks payable to: The Town of Fountain Hills						TOTAL	

3

Signature of Participant (or parent/guardian if under 18) _____ Date _____

By signing above I understand that no medical insurance is provided for Town of Fountain Hills activities and agree to assume the risk for any injury related to my participation or the participation of my dependents. I agree to make no claims against the Town of Fountain Hills or any of its officers, employees, or volunteers for any injury or incident arising from this activity, however caused, including liability for negligence. I am physically able (or my dependent is physically able) to participate in this activity. I consent to any medical treatment my dependent needs while involved in this activity and I agree to pay for it. I realize that the Town of Fountain Hills is not responsible for lost or stolen articles.

Mail to: Parks and Recreation Department, ATTN: Program Registration
 P.O. Box 17958, Fountain Hills, AZ 85269
 OR Deliver to: Town Hall, 16836 E. Palisades Blvd., Building A

For Office Use Only	
Date Received	_____
Check #	_____
Cash	_____ Staff _____

IF YOU REQUIRE SPECIAL ACCOMMODATIONS, PLEASE CALL 480-816-5152 (VOICE) OR 1-800-367-8939 (TTD)

Senior Center Activities

The Senior Activity Center offers classes and activities for adults of all ages. The Center is located in the Kiwanis building, 16957 Kiwanis Drive. Hours - Tuesday – Friday, 9:00 a.m. – 4:00 p.m.

Summer Open House & Registration Friday, June 1 - 1:00 - 3:00p.m.

Missed it? Come on down to see what's happenin'!

Aerobics – Low Impact \$2/session

9:10-10:10a.m. Tues & Thurs, 55+ years old. Brenda Shaffer and Virginia Clarkson, Certified Fitness Instructors. Classes through June 28.

Aerobics – Low Impact - PEER LED

7:30 - 8:30a.m. Mon, Wed, Fri June through August.

Art Classes

9:10-10:10 a.m. Tuesdays & Thursdays, July - August. (video tape instruction)
Instructor Justine Mantor, B.F.A, M.A, M.F.A.

\$40-Water Colors & Inks w/ Clayboard

1:00 - 3:00p.m. Wednesdays, June13 - July 18.

\$40-Studio Workshop

1:00 - 3:00p.m. Fridays, June 15 - July 20. (For longer/continuing projects)

Bocce Ball

Call for arrangements. Early mornings are available.

Bridge – Contract

9:30 – 12:30p.m. Wednesdays

Bridge – Duplicate

Noon - 4:00p.m. Mondays

Caregiver Support Group

10:00-11:30 a.m. Wed, June 13. (2nd Wednesday of the month)

Cards & Poker

9:00a.m. – Noon Fridays - ongoing

Fishing Club

Selected Thursdays. Trips in Senior Services van to cool mountain lakes - Woods Canyon or Willow Springs. Call for schedule and to make reservations.

IRA Info: Required Minimum Distribution

1:30 - 3:00p.m. Tuesday, June 26 with Maureen Featherston

IRA Info: Tax-free Withdrawals

1:30 - 3:00p.m. Tuesday, July 10 with Maureen Featherston

Line Dancing

10:30-11:30a.m. Thurs at Center, group outings to other dance halls

Open Line Dance

7:00 - 9:00p.m. Mondays

Living Trusts Seminar

1:30 - 3:00p.m. Tuesday, July 24 with Maureen Featherston

Mixed Singles Group

1:30 - 3:30p.m. 2nd & 4th Wednesdays of the month, Call Marcia 837-3991.

Movies

2:00 - 4:00p.m. Thursdays. Big screen TV - no charge

Play Reading for Youth and Seniors

10:30 - 12:30pm Tuesdays, beginning June 5. Naomi Stevens Burns, retired actress/director. No charge. Suggested minimum fourth grade reading level

An intergenerational activity

Protection needed? Long-term care ins.

1:30 - 3:00p.m. Friday, June 15

Table Talk for Women

1:00 - 3:00p.m. Thursdays, ongoing

Travel, Trips, Excursions

Call for current schedules. Day trips and longer trips

June 12

Whispering Hope Ranch, Payson

June 19

Phoenix Art Museum, personalized tour of Mexican Arts Exhibit

September 1-3

San Diego Wine Festival

Wood Carvers Carve Along

Fridays, 1:00 - 4:00 p.m.

For fees, if applicable, or for scheduling information, please call the Senior Center at 816-5888.

Ongoing services provided by or referred by the Center include: benefits counseling (Social Security and Medicare),

Home Delivered Meals, and connection to other resources.

Red Cross Transportation 467-1100

Medical Equipment Rental 816-5888

How to Contact Us

Town Hall: 480-837-2003
Parks & Recreation: 480-816-5152
Marshals Department: 480-837-8800
Sheriff's Department: 480-837-2047
Fire Department: 480-837-9820
Public Library: 480-837-9793
Community Center: 480-837-9306
Senior Center: 480-816-5888
Fountain Hills Sanitary District: 480-837-9444
Fountain Hills Unified School Dist #98: 480-837-0693



Town of Fountain Hills
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